

BOSTON AND DISTRICT ATHLETIC CLUB
FINAL FLING OPEN THROWS, JUMPS & SPRINT HURDLES
SUNDAY OCTOBER 8th 2023
AT THE TOMMY CLAY TRACK,
PRINCESS ROYAL SPORTS ARENA, BOSTON, PE21 7PB
UNDER UKA RULES PERMIT NO OUT/23051

Events: Hammer, Shot, Discus, Javelin,
Long Jump, High Jump, Pole Vault, Triple Jump
70H U13G, 75H U15G/U13B, 80H,U17W/U15B
100H U20/SENW/U17M 110 H U20/SEN M

Entry fee £10

U9 & U/11 Long Jump, Vortex & 600m

U/13 Maximum events 3

Entry fee £15

U/15 - Senior. Maximum events 4

First Event 10am Closing Date for Entries Thursday September 29th 2023

Timetable will be available following the closing date but may be subject to change on the day.

PLEASE ENTER ME IN THE FINAL FLING OPEN MEETING

NAME.....

ADDRESS.....

POST CODE..... TEL. NO.....

E-mail.....

CLUB/SCHOOL.....

EA REG. NO.....

DATE OF BIRTH.....

AGE GROUP.....

1st event.....2nd event.....3rd event.....4th event.....

1 ENCLOSE MY ENTRY FEE OF.....

Please make cheques payable to Boston & District Athletic Club

Electronic payment to Boston and District Athletic Club

Sort Code 30-97-95 Account No. 00979085

Entries to Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs
PE22 8RL

Email nanette@pammott.force9.co.uk